



NGS Travel Program Practice Guidelines

Regular attendance at practices, games, and events is an essential part of the team experience, and a basic obligation for all players in the NGS Travel Program. While NGS understands that its players appropriately play other sports and participate in outside activities, frequent absences diminish the overall experience for both the individual and her teammates. They also make it more difficult for our volunteer coaches to plan productive practices, and for our teams to be successful on the field.

NGS expects all Travel Program players to:

1. Make soccer their top priority sport; and
2. Make NGS their primary team (e.g., if the player is also on a non-NGS team's roster)

This means attending ALL team practices, games, and events (including tournaments), and to properly notify the coach when unable to do so. **At a minimum, NGS travel players are required to attend at least one practice per week.** When players are unable to meet this basic obligation, the coaches may, in their discretion, reduce that player's time below the standard minimum of 50% per game. Frequent absences may also impact future team placement.