



Newton Girls Soccer

Est. 1977

We emphasize fun, skills development, teamwork and sportsmanship -- all at a level that fits a player's interest and ability.

Welcome to the NGS Kindergarten Program!

Thank you for joining the spring season of the Newton Girls Soccer Kindergarten Program. Professional Coach Katie McLean will be running this fun-filled 10 week program. We aim to make this a great experience for your daughter. The purpose of this note is to provide what you need to know about the season.

Schedule

The **season begins on Saturday, April 7** and runs through Saturday, June 16. Sessions are scheduled for both Saturdays of the Newton Public School spring vacation week (April 14 & 21). We will not meet on Saturday, May 26 (Memorial Day weekend).

It is not a problem if your daughter must miss a session. This program is designed to be very flexible.

Time & Place

The NGS Juniors Kindergarten Program meets **11:30am-12:30pm on Saturdays**. Please arrive 10-15 minutes early so we can be organized and ready to start on time.

Sessions will be held at **Brown/Oak Hill Field**, 125 Meadowbrook Rd. Please see the map and directions at <http://newtongirlssoccer.org/home/fields/brown-oak-hill/>. This is NOT the same field that we used in the fall.

What to expect

The 60-minute program emphasizes fun, touches on the ball, teamwork and positive encouragement.

There are no set teams, goal keepers, or scores in the K-level program.

Each Saturday, players will break into groups for soccer drills and games led by the NGS Professional Coaching Staff for the first half of the session. In the 2nd half of the session, the girls will be divided into teams to play small-sided (4v4) scrimmages. Players will be able to pair up with their friends during that time. We are happy to accommodate as many pairings as we are able, but we do need to make an even number of balanced teams so we may not succeed in all friend pairings each week.

Parent Involvement

We are happy to involve all parents who want to help run the drills and scrimmages. We will definitely look for help when it comes to subbing, water breaks, and reminding the girls which direction they should be going during the scrimmages. Please approach Katie before the first session if you registered online to be a parent coach or to express interest.

Please do not coach, direct or shout instructions to the girls from the sidelines.

NGS is a volunteer run organization, for other ways to help, please visit <http://newtongirlssoccer.org/home/help/>.

What to wear

- **NGS Jersey** – If you don't already have a jersey, order one online at <http://newtongirlssoccer.org/store/juniors-uniforms/>
- **Shin guards/soccer socks** – All girls **MUST** wear shin guards under their socks. No shin guards = no play. The guards must be completely covered by socks. The all-in-one shin guard is fine.
- **Cleats or sneakers** – Cleats are recommended but not required.
- **Pony tail** – Tying hair back is recommended.

Safety Policy

Players may not wear jewelry during practices or games. This includes, but is not limited to bracelets, necklaces, earrings, rings, beads, barrettes and other hard or sharp items. Newly pierced ears may not be taped. Earrings must be removed. Players may not participate with casts or splints of any kind. If a player refuses or is unable to remove the prohibited item, she will be asked to sit on the sidelines and may not participate in the soccer activity. There are no exceptions to this rule for the safety of all our players

What to bring

- Size 3 soccer ball
- Water

Snack time

Sharing snack time with teammates is a fun way to end a session. The NGS experience, and especially the kindergarten program, is a very social experience and a fun addition to this new chapter of their lives. This time at the end of a session is a nice time for them to further advance friendships (and a nice time for you to advance some new friendships as well).

We are asking that families take turns providing a snack for our K players. Please watch for another email with sign up details.

We recommend that snacks are healthy and nut-free. Fruit makes a great snack.

Field Closures

For rainouts, check the NGS website at www.newtongirlssoccer.org. Field status is updated by 7am on Saturdays, but be sure to check just before your session time as conditions sometimes change.

You can also sign up for texts or tweets regarding field status. Visit <http://newtongirlssoccer.org/home/fields/> for instructions.

Questions?

Email the Registrar, Marysol Masse-Makimura, registrar@newtongirlssoccer.org or the Juniors Program Chair, Craig Lewis, craig.lewis@morganstanley.com

Have a great season!